



THE STUDIO
by CF&K

Class Schedule

Mon	Tues	Wed	Thu	Fri	Sat	Sun
10:00 am *Aerial Yoga* (Kimmy Kim)	9:45 am *PilaYoga* Level 2 (Jea Youn Veronica Suh)	9:30 am *Hatha Yoga* (Kimmy Kim)	9:45 am *PilaYoga* Level 2 (Jea Youn Veronica Suh)	8:45 am *Hatha Yoga* ADVANCED (Kimmy Kim)	10:00 am *Aerial Yoga* (Kimmy Kim)	
					10:00 am *PilaYoga* Level 1 (Jea Youn Veronica Suh)	
	7:00 pm *Aerial Yoga* (Kimmy Kim)		7:00 pm *Aerial Yoga* (Kimmy Kim)			

***PRE-REGISTRATION is required to join ALL our group classes & PRIVATE YOGA**

****All first-timers must take "BEGINNER Aerial Yoga" to join our regular & advanced Aerial Yoga classes**
*****Please Contact us for more info.**

www.thestudiobyck.com