



THE STUDIO  
by CF&K

# Class Schedule

Mon	Tues	Wed	Thu	Fri	Sat	Sun
10:00 am <b>*Aerial Yoga*</b> (Kimmy)	9:45 am <b>*PilaYoga* Level 2</b> (Veronica)	9:30 am <b>*Hatha Yoga*</b> (Kimmy)	9:45 am <b>*PilaYoga* Level 2</b> (Veronica)		10:00 am <b>*Aerial Yoga*</b> (Kimmy)	
					10:00 am <b>*PilaYoga* Level 1</b> (Veronica)	
	7:00 pm <b>*Aerial Yoga*</b> (Kimmy)		7:00 pm <b>*Aerial Yoga*</b> (Kimmy)		11:15 am <b>*Aerial Yoga*</b> (Youth/Adult) (Kimmy)	

***\*PRE-REGISTRATION is required to join ALL our group classes & PRIVATE YOGA***

***\*\*All first-timers must take "BEGINNER Aerial Yoga" to join our regular & advanced Aerial Yoga classes  
\*\*\*Please Contact us for more info.***

*www.thestudiobycfk.com*